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CLAIMS

- 1. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the stabilization, the increase and/or the restoration of collagen.
- 2. Use according to claim 1, characterized in that the substance is selected from the group consisting of aromatase inhibitors and anti-estrogens.
 - 3. Use according to claim 1, characterized in that the substance is an aromatase inhibitor.
 - 4. Use according to claim 1, characterized in that the substance is derived from soya glycine.
 - 5. Use according to claim 4, characterized in that the substance from soya glycine had been treated by oxidation.
 - 6. Use according to any of the preceding claims, characterized in that the substance is contained in the composition in an amount of 0.001 to 5 wt.-%, relative to the total amount of the composition.
 - 7. Use according to any one of the preceding claims, characterized in that the composition comprises both an aromatase inhibitor and an anti-estrogen.
 - 30 8. Use according to any one of the preceding claims, characterized in that an inhibition of the production and/or the effect of dihydrotestosterone is performed at the same time or in addition.

- Use according to claim 7, characterized in that a substance is used which has both an inhibitory effect on aromatase and on 5-alpha-reductase.
 - Use according to any one of the preceding claims, characterized in that a local application is performed.
 - Use according to any one of the preceding claims, characterized in that it serves for cosmetic purposes.
 - Use according to any one of the preceding claims, characterized in that it serves for the stabilization, the increase and/or the restoration of collagen in one or more of the following body regions: skin, ligaments, fasciae, tendons, cartilages, bones, dentine and the vessel walls of arteries, veins and urinary passageways.
 - Use according to any one of the preceding claims, characterized in that the substance is contained in a pharmaceutical formulation which is suitable for the topical application, for injection, for inhalation or for transdermal therapy.
 - Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the prophylaxis of myocardial infarction and brain infarction.
 - Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the prophylaxis or therapy of osteoporosis.

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- 17. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the prophylaxis or therapy of arteriosclerosis.
- 18. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the prophylaxis or therapy of urinary incontinence.
 - 19. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the prophylaxis or therapy in the case of excessive production of glucocorticoids in the body, or as a therapy accompanying the therapeutic use of glucocorticoids for the decrease of side effects which are associated with glucocorticoids.

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- 20. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the decrease of hair growth in women.
- 21. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the cosmetic treatment of wrinkles and/or strias of the skin as well as atony of the upper skin.
- 22. Use of a substance which inhibits the production and/or the effect of estrogens, or a composition containing said substance, for the amelioration of sun exposure to the skin.
- 30 23. Use according to any one of claims 15 to 22, characterized in that a substance or a composition as defined in any one of claims 2 to 10 is used.
- 24. Cosmetic composition for topical application, characterized in that the composition comprises one or more substance(s) such

that the production and/or the effect of estrogens and, at the same time, the production and/or the effect of dihydrotestoster-one is inhibited.

- 5 25. Cosmetic composition according to claim 24, characterized in that an aromatase inhibitor is combined with a 5-alphareductase inhibitor.
 - 26. Cosmetic composition according to claim 24, characterized in that the composition comprises a substance which has both an inhibitory effect on aromatase and on 5-alpha-reductase.